

Prevent Suicide

SPOKANE COALITION

2025 IMPACT

The following document includes Training, Awareness, Events, and Activities from various members of PSSC, and intended to celebrate the accomplishments and impact we are having in our community related to the PSSC Strategic Directions.

- 1. EXPAND INCLUSION AND REACH: COLLABORATION, VOICE, EXPANDING MEMBERSHIP**
- 2. ENHANCING COMMUNITY AWARENESS/KNOWLEDGE: SUICIDE PREVENTION AND POSTVENTION**
- 3. STRENGTHEN THE SAFETY NET: SAFE STORAGE AWARENESS, EDUCATION, TRAINING**



If you are interested in joining our coalition,
please contact kfairley@esd101.net
<https://spokanesuicideprevention.org/>

JANUARY 2025

HOMELESS CONNECT



IN 2025, TOGETHER WE ACHIEVED...
1,891 GUESTS
188 VOLUNTEERS
122 VENDORS (STAFFED BY 258 PEOPLE)

GRIEF RESPONSE TO SCHOOL TRAGEDY (STACI CORNWELL)



PARENTING WISELY



CALM TRAINING

(NEW CHAPTER TMS AND STACIA LLC)



CALM COUNSELLING ON ACCESS TO LETHAL MEANS

What is CALM?

- Can be implemented by anyone
- Evidenced-Based, most used training on lethal means safety
- Based on the foundation that putting time and distance between suicidal thoughts and lethal means **SAVES LIVES!**

January 27, 2025
4:00-6:00pm
Liberty Park Library
402 S Pittsburg St
Spokane, WA

Free Training Sponsored by:
NEW CHAPTER TMS
STACIA LLC

Register Here

FEBRUARY 2025

QPR TRAINING (FAILSAFE FOR LIFE)



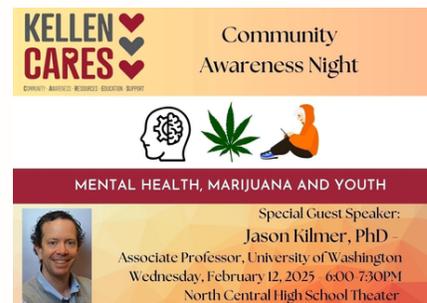
MY ASCENSION (FAILSAFE FOR LIFE, LIGHT A LAMP, MSD, NAMI, STACIA LLC)



CARE (NEWESD)



CANNABIS AND THE YOUTH BRAIN (KELLEN CARES)



KELLEN CARES Community Awareness Night

MENTAL HEALTH, MARIJUANA AND YOUTH

Special Guest Speaker:
Jason Kilmer, PhD
Associate Professor, University of Washington
Wednesday, February 12, 2025 6:00-7:30PM
North Central High School Theater



QPR TRAINING (FAILSAFE FOR LIFE)



CALM TRAINING (FAILSAFE FOR LIFE AND STACIA LLC)



GIVE N' GROW: BUILDING RESILIENCE STACIA LLC



MSD SUICIDE RESPONSE-ADMIN (STACI CORNWELL)



APRIL 2025

SPRING FOR HOPE (FAILSAFE FOR LIFE)



QPR TRAINING (FAILSAFE FOR LIFE)



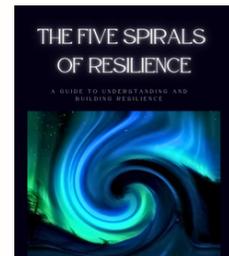
YOUTH MENTAL HEALTH FIRST AID (NEWESD)



MEDICATION TAKE BACK (MULTIPLE PARTNERS)



THE FIVE SPIRALS OF RESILIENCE- VIRTUAL TRAINING (STACIA LLC)



HEROES SILKIES WALK (HEROES HOMESTEAD)



QPR TRAINING (FAILSAFE FOR LIFE)



**MOVE FOR MENTAL HEALTH
(LIGHT A LAMP)**



**HIDDEN IN PLAIN SIGHT
(SRHD)**



**TAKE IT AS A SIGN...
BLOOMSDAY EVENT
(PSSC, STACIA, IMPACT)**



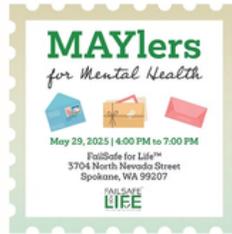
**CARE
(NEWESD)**



**AUTISM AND SUICIDE
(FOREFRONT)**



**MAYLERS FOR MENTAL HEALTH
(FAILSAFE FOR LIFE)**



**FIREARM VIOLENCE PREVENTION
CONFERENCE
(EYC, FAILSAFE FOR LIFE, STACIA)**



**BRAIN SPOTTING OPEN HOUSE
MINDFUL PARENTING
(BREE SUTTON)**



**QPR TRAINING
(FAILSAFE FOR LIFE)**



JUNE 2025

**CONSTRUCTION HIKE
FOR HOPE
(ACG)**



**ASIST TRAINING
(FAILSAFE FOR LIFE)**



**NAMI WALKS
(NAMI)**



**FAMILY FIREARM
SAFETY DAY
(SRHD, SHARPSHOOTING)**



THE FIVE SPIRALS OF RESILIENCE



**CARE
(NEWESD)**



**LIGHT UP THE NIGHT
(LIGHT A LAMP)**



CARE (NEWESD)



- Prevention/postvention training: **100+ trainings**
- firearm safety/violence prevention Training: **10+ trainings**
- Community Awareness Events: **50+ Events**
- Community Partner Collaborations: **200+ projects, events, collaborations, etc.**
- Gun/medication locking devices: **3000+ free devices provided** (Family Guide, NEWESD, SRHD, Sharp Shooting, STACIA LLC, VA, etc.)

QPR TRAINING (FAILSAFE FOR LIFE)



More than **30,000+** people reached
Local, regional, national, and international Impact

AUGUST 2025

SCHOOL SAFETY SUMMIT (ESD)

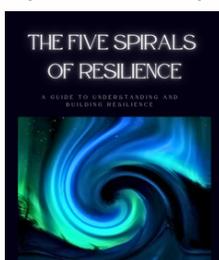


QPR TRAINING-FIRST RESPONDERS (FAILSAFE FOR LIFE)



CALM TRAINING STACIA LLC

THE FIVE SPIRALS OF RESILIENCE- VIRTUAL TRAINING (STACIA LLC)



Virtual Training Duo!
POWER meets CALM
Please Join us **8/8/25**

Attend One or Both Trainings \$25 per training

10:00am PST
The Power of Connection
• The Five Spirals of Resilience
• Innovative approach to understanding the Power of Connection as a main suicide prevention strategy
• Strategies to build Resilience

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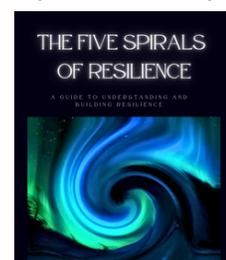
1:00pm PST

Two separate trainings **8/8/25**
Both complimenting each other!

Register Here

100% recommended by prior attendees!
[connect2stacia.com](https://www.connect2stacia.com)

THE FIVE SPIRALS OF RESILIENCE- HAZELDEN (STACIA LLC)



QPR TRAINING (FAILSAFE FOR LIFE)



BASKETS OF KINDNESS (FAILSAFE AND LIGHT A LAMP)



PIZZA IS KINDNESS-SUICIDE AWARENESS CAMPAIGN (STACIA LLC)

PINOT'S PAINT (LIGHT A LAMP)



LET'S TALK SUICIDE PREVENTION - AN INTERNATIONAL DISCUSSION

(STACIA LLC)



SUICIDE

PREVENTION-SPS (FAILSAFE FOR LIFE)



CONCERT BENEFIT (LIGHT A LAMP)



Light A Lamp

OUT OF THE DARKNESS-

FAIRCHILD (STACIA LLC)



OCTOBER 2025

MSD SAFETY AND SECURITY COMMUNITY NIGHT (STACI CORNWELL)



IMPACT RESOURCE FAIR (IMPACT, INBH, LIGHT A LAMP, STACIA. OTHERS,

HOPE WALK (PSSC)



WIND PHONE (STACIA LLC)



CARE (NEWESD)



YOUTH MENTAL HEALTH FIRST AID (NEWESD)



QPR TRAINING (FAILSAFE FOR LIFE)



MSD TECH SAFETY COMMUNITY NIGHT (STACI CORNWELL)



TEEN MENTAL HEALTH FIRST AID (NEWESD)



Mental Health
FIRST AID

SAFE FIREARM STORAGE TRAINING (SRHD)



THE FIVE SPIRALS OF RESILIENCE-AMFM (STACIA LLC)



ASIST TRAINING (FAILSAFE FOR LIFE)



NOVEMBER 2025

SIP AND POUR FUNDRAISER (NAMI)



BLANKET DRIVE (LIGHT A LAMP)

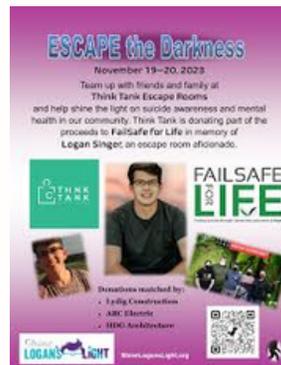


Light A Lamp

HELIX CONNECTION (STACIA LLC)



ESCAPE THE DARKNESS (SHINE LOGAN'S LIGHT)



CARE (NEWESD)



TEEN MENTAL HEALTH FIRST AID (NEWESD)



Mental Health
FIRST AID

DECEMBER 2025

CARE (NEWESD)



QPR TRAINING (FAILSAFE FOR LIFE)



TEEN MENTAL HEALTH FIRST AID (NEWESD)



Mental Health
FIRST AID

PARADE OF LIGHTS (MOUNTAINSIDE HOPE SQUAD)



NOTE: This document only includes information from PSSC members and/or partners who submitted their activities/events.